



Walk to 5K Registration Form



Meeting Saturdays at 9 am, November 17, 2018 – December 29, 2018 at Cashman Park (Parking lot) 202 Merrimack Street Newburyport, MA.

This program is designed for beginners who are interested in training for and running The Hangover Classic 5K and Santa’s Toy Trot 2 miler road race. Each training session is roughly 30-45 minutes. This program is free to all who have registered for the WCRC Hangover Classic 5k in Salisbury, MA and/or the WCRC Santa’s Toy Trot in Merrimack, MA

Contact Information: Laurie - Membership@runthecircle.org

Please bring entry form on November 17, 2018

First Name, Last Name

Address

**** PLEASE READ AND SIGN RELEASE & WAIVER:** In consideration of this entry being accepted, I hereby for myself, my heirs, executors and administrators waive any and all rights and claims for damages I may have, as a result of participating in this event, against the Winner’s Circle Running Club and all other sponsors, contributors, organizers and volunteers of this event. I attest that I am physically fit to participate in this event. I know that running, jogging, and walking on roads and trails is a potentially hazardous activity, which could cause injury or death. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including rain, snow and/or ice, and the conditions of the roads and trails. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Winner’s Circle Running Club, organizers, and volunteers from all claims or liabilities of any kind arising out of my participation in the Walk to 5k Series November 17, 2018 – January 1, 2019. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

SIGNATURE _____ (Parent/Guardian if under 18)